

FEBRUARY 2010

COLLEGE USD 499

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Strawberry Cheese Bagel Bars <u>SG: Cinnamon Toast</u> Assorted Cereal Chilled Fruit Juice Cold Milk	2 Waffles w/Maple Syrup Assorted Cereal Chilled Fruit Juice Cold Milk	3 Biscuit w/Sausage Gravy <u>OR</u> Assorted Cereal/Graham Chilled Fruit Juice Cold Milk	4 Breakfast Pizza Assorted Cereal Chilled Fruit Juice Cold Milk	5 Blueberry Muffin Bar Assorted Cereal Chilled Fruit Juice Cold Milk
8 Sausage Cheese Biscuit <u>SG: Cinnamon Toast</u> Assorted Cereal Chilled Fruit Juice Cold Milk	9 Pancakes w/Maple Syrup Assorted Cereal Chilled Fruit Juice Cold Milk	10 Biscuit w/Sausage Gravy <u>OR</u> Assorted Cereal/Graham Chilled Fruit Juice Cold Milk	11 Pancake on a Stick w/Syrup Assorted Cereal Chilled Fruit Juice Cold Milk	12 Breakfast Pizza Assorted Cereal Chilled Fruit Juice Cold Milk
15 Pancake on a Stick w/Syrup <u>SG: Cinnamon Toast</u> Assorted Cereal Chilled Fruit Juice Cold Milk	16 French Toast w/Maple Syrup Assorted Cereal Chilled Fruit Juice Cold Milk	17 Biscuit w/Sausage Gravy <u>OR</u> Assorted Cereal/Graham Chilled Fruit Juice Cold Milk	18 Breakfast Pizza Assorted Cereal Chilled Fruit Juice Cold Milk	19 Fruity Pop Tarts Assorted Cereal Chilled Fruit Juice Cold Milk
22 Sausage Cheese Biscuit <u>SG: Cinnamon Toast</u> Assorted Cereal Chilled Fruit Juice Cold Milk	23 Waffles w/Maple Syrup Assorted Cereal Chilled Fruit Juice Cold Milk	24 Biscuit w/Sausage Gravy <u>OR</u> Assorted Cereal/Graham Chilled Fruit Juice Cold Milk	25 Iced Long John Assorted Cereal Chilled Fruit Juice Cold Milk	26 Breakfast Pizza Assorted Cereal Chilled Fruit Juice Cold Milk

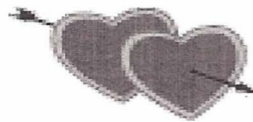
School Breakfast Prices

K-12 \$1.40
 Adults \$1.90

School Lunch Prices

K-5 \$1.65
 6-12 \$1.90
 Adults \$2.85
 Salad Bar \$2.00

Happy Valentines Day



School Breakfast is proven to be good for the Children's bodies and minds.

Research shows that children who eat breakfast have improved memory,

problem-solving skills, verbal fluency and creative ability.

So, why not start your kids off with school breakfast every day?